

Scottish Neonatal Resuscitation Course

Sample Course Outline

Please note that these are approximate times and final sessions will be confirmed and circulated two weeks prior to the course being run.

08.00 hrs	Faculty Meeting and setting up of skill stations
08.45 hrs	Candidate Registration, submission of MCQ
09.00 hrs	Introduction and overview of the course
09.15 hrs	Lecture 1 Physiological basis of resuscitation (30 Minutes)
09.45 hrs	Lecture 2 Resuscitation at Birth (30 Minutes)
10.15 hrs	Coffee and feedback of MCQ with mentors
10.45 hrs	Demonstration of resuscitation (hospital and/or community) equipment depending candidate's environment of care – preferably in 2 groups
11.15–12.55 hrs	Skill Station 1 Airways management in 3 or 4 identical stations
Group Red:	Trainers -
Group Blue:	Trainers -
Group Green:	Trainers -

Approximate times	Content
11.15-11.35	Introductions to establish candidate's role and place of work Initial assessment; drying, prevention of heat loss; airway opening, neutral position, inflation breaths and ventilation breaths.
11.35-12.05	Candidates practice all skills taught in this station
12.05-12.20	Additional airway opening manoeuvres, One- and Two-person jaw thrust, inspection of airway, suction under direct vision and insertion of Guedel airway progressing to ventilation breaths.
12.20-12.50	Candidates practice additional skills
12.50-12.55	Summarise skill station

12.55–13.35 hrs Lunch

13.35–15.40 hrs **Skill Station 2 Chest Compressions and Teaching Scenarios**

Group Red: Trainers -

Group Blue: Trainers -

Group Green: Trainers -

Approximate times	Content
13.35-13.50	Recap on morning skill stations Cardiac compressions – Two-finger method two-hand method
13.50-14.20	Candidates practice all skills taught in this station
14.20-14.35	Trainers demonstrate a teaching scenario and feedback
14.35-15.35	All candidates practice scenarios
15.35-15.40	Summarise skill station

15.40 - 15.55 hrs Coffee and tea and Faculty Meeting.

15.55 – 16.00 hrs Candidates briefed on assessment arrangements

16.00-17.00 hrs **Candidate assessment scenarios** (10 minutes per candidate)
(Candidates can leave for home once assessment completed)

17.15 hrs Faculty clear rooms, equipment and course review

Possible outcomes for those candidates who have not achieved the learning objectives for the course

Repeat MCQ

Repeat scenario assessments

Repeat whole course after some remedial teaching